



Support Plan for Children with Special Dietary Needs

1. Personal Details:

Child's Surname: _____ Given Names: _____

Date of Birth: _____ Parent's Name: _____

Address: _____

Home Ph: _____ Work Ph: _____ Mobile Ph: _____

2. Reason for special diet (Tick Response)

religious/cultural health other

3. What foods and substances should the child avoid?

4. What alternative foods can be used?

5. How long will the child be on this special diet?

6. Who will provide the food for the child while they are attending OSHC? (Please circle)

Breakfast Parent / OSHC Service

Afternoon Tea Parent / OSHC Service

Drinks Parent / OSHC Service

7. Does the child's special diet need any other consideration? (e.g. eating times, supervision)

8. Do you want to discuss or plan strategies for programs involving food? (eg. Parties, cooking and food activities)

9. If the child is accidentally exposed to food or substances that should be avoided, what would occur?

10. What action should be taken if the child is accidentally exposed to food or substances that should be avoided? (eg. Contact parents/doctor, Anaphylactic Action Plan, no action required)

Parent Signature: _____ **Date:** _____